

Colette Oakes – Specialist Occupational Therapist and Case Manager

Email – colette@greenowltherapy.co.uk

Tel – 07793 278558

Location – North West

Professional Profile

I have 25 years' experience working as an Occupational Therapist. I have specialised within Neuro Rehabilitation for 20 years. I have extensive specialist knowledge and skills in the assessment and treatment of patients with neurological conditions and complex needs. I am dedicated in providing excellent patient centred care and collaborative practice to achieve best outcomes. I have extensive experience in service and staff development, ensuring best clinical practice is afforded. I strive to engage, motivate, and empower people to achieve their goals and aspirations.

Employment

March 2022 – Current

Green Owl Therapy

[Independent Occupational Therapist and Case Manager](#)

Role Summary

- Case management of adult and older clients with acquired brain injury/complex conditions.
- Completion of Immediate Needs Assessments and Case Management Reports.
- Effective relationship building with clients and their families.
- Coordination and facilitation of the provision of specialist therapies and services and subsequent regular reviews.
- Managing teams of therapists and support workers.
- Accessing funding through private and statutory avenues.
- Assessment and recommendation of services for neurology clients.
-

January 2020 – Current

Wrightington, Wigan & Leigh NHS Foundation Trust

[Highly Specialist Occupational Therapist – Band 7 – Community Neuro & Stroke Team \(CNST\)](#)

Role Summary

- Specialist assessment & treatment of neurological patients, including complex presentations, specialist rehabilitation needs and chronic long-term conditions
- Maintain own significant clinical caseload and support interdisciplinary team (IDT) working across the service
- To provide leadership, teaching, training, managerial & clinical supervision of clinicians within their IDT working
- Promote collaborative working models within the IDT and multiagency partners
- Monitor and improve standards of care and practice
- Service development, project management & implementation of changes

March 2007 – January 2020

**Bridgewater Community Healthcare NHS Trust
(Wrightington, Wigan & Leigh NHS Foundation trust)**

Senior Occupational Therapist – Band 6 – Community Neuro Rehab Team (CNRT)

Role Summary

- Management of clinical caseload – specialist assessment & treatment of patients with a neurological condition / complex needs
- Patient centred goal setting. Individual treatment plans and group work
- Specialist interventions including- cognitive rehabilitation, postural management, vocational rehabilitation, bobath / normal movement approach
- Managerial & clinical supervision of staff & students

October 2004 – March 2007

Ashton, Leigh & Wigan PCT

Senior I Occupational Therapist – Neurosciences – Taylor Neuro Rehabilitation Unit (In-patient)

Role Summary

- Clinical management of complex neurological in-patient caseload
- Key worker & Co key worker role
- Lead patient allocation meetings with IDT
- Organise and coordinate consultant led patient review meetings
- Coordination & delivery of in-service training
- Managerial & clinical supervision of staff & students
- Plan & coordinate effective & safe patient discharges

January 2002 – October 2004

Wrightington, Wigan & Leigh NHS Trust

Senior II Occupational Therapist – Neurosciences

Role Summary

- Rotational post – management of adult neuro caseload both in-patient and community
- Practice educator for students
- Organise and manage team meets, referrals meetings, patient case conferences
- Provide support & education to junior staff
- OT Student Advisor for the Trust

September 2000 – January 2002

Wrightington, Wigan & Leigh Health Services NHS

Senior II Occupational Therapist – Paediatrics

Role Summary

- Management of clinical caseload for children with physical, motor coordination and learning difficulties
- Service provision via community clinics, specialist schools and patient homes

August 1998 – September 2000

Wigan & Leigh Health Services NHS Trust

Basic Grade (Junior) Rotational post

- Rotational post covering – Elderly Mental Health, Neuro Rehab Unit, Paediatrics & Adult Mental Health

Qualifications & Professional Registration

Oxford Brookes University (1995 – 1998)

BSC (Hons) Occupational Therapy Degree

RCOT & RCOT SSNP – Royal College of Occupational Therapy & Specialist Section Neurological Practice

HCPC – Health & Care Professions Council

Relevant Post Graduate Training

- Mandatory Training 100% compliance
- Accredited Wheelchair Assessor – (1999)
- Practice Educator Course – (1999)
- Bobath Introduction Course – (2004)
- Bobath – Assessment & Treatment Principles – (2005)
- Introductory Cognitive Behavioural Therapy for working with Stroke – (2011)
- Embedding a Vocational Rehabilitation Approach – (2017)
- Life after stroke – (2018)
- Brain Tree Training – Cognitive Rehabilitation (2018)
- Spasticity – Posture, Positioning & Orthotics (2021)
- Allergan Functional Anatomy & Botox (2022)
- Brain Injury & Addiction (2022)
- Coaching Skills (2022)
- Ashton's Case Management Conference (March 2022)
- Functional Neurological Disorder (March 2022)
- National Brain Injury Conference (July 2022)
- Leigh Day Conference – From Roadside to Rehab. Exploring Brain Injury Pathways (November 2022)
- Abbvie - Connecting the Dots in Neurological Disorders. Maintaining momentum in post stroke spasticity management for upper limb (November 2022)
- Safeguarding Adults and Children Level 3 – Sayers Social Care Consultancy (January 2023)