

## **CURRICULUM VITAE**

Kirsty Dickinson  
Green Owl Therapy  
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### **Specialisms**

- Traumatic and Acquired Brain Injury including severe cognitive impairment and challenging behaviour.
- Minimally responsive clients with brain injury.
- Physical disability including spinal cord injury, complex orthopaedic injuries and pain management.
- Cerebral Palsy.
- Psychological issues including depression and anxiety.

### **Profile**

Kirsty is a Registered General Nurse with extensive post qualification experience. Kirsty trained at Aberdeen Royal Infirmary, where she practised general nursing. Following this, she held a variety of nursing positions both in acute and rehabilitation settings.

In 2001 Kirsty entered the field of case management working for the government accident compensation scheme in New Zealand. She managed a serious injury portfolio of clients who had sustained serious brain injuries, spinal injuries, serious trauma, burns and child abuse cases.

During 2004 Kirsty case managed work injury claims for several prominent New Zealand companies. She provided vocational rehabilitation which facilitated from injury, back to independence. In 2005 Kirsty received an award for Outstanding Service Quality in Case Management.

Kirsty later became a Service Delivery Manager. She managed a team of Case Managers, business relationships and account management for large companies for the lower North Island and South Island, New Zealand.

Kirsty returned to the UK in 2007; she has continued as a Case Manager for adults with brain injury, spinal injury and poly-trauma injuries. She is also experienced in the management of adolescents/adults who have cerebral palsy.

Kirsty undertakes Initial Needs Assessments on a joint or single instruction basis. She provides a comprehensive case management service, implementing and coordinating rehabilitation to meet the injury-related needs of the client.

**Kirsty's expertise includes:**

- Complex case management including brain injury and spinal cord injury clients and their families.
- Extensive orthopaedic and poly trauma experience including the management of psychological issues and pain management.
- Successfully case managing highly challenging clients and their families.
- Effective relationship building with clients with challenging behavioural difficulties.
- Case management of adolescents in schools and colleges who have significant disability.
- Management of domiciliary care services, including direct recruitment, selection and implementation of the care package.
- Managing and supervising therapists and support workers.
- Experience in managing complex family dynamics including those involving safeguarding issues.
- Accessing funding through private and statutory avenues.
- Guidance and support for adults with depression.
- Implementing cognitive strategies into daily activities.

**Professional Qualification:**

Registered General Nurse – Foresterhill College of Nursing and Midwifery (1990)

**Membership and Affiliations:**

- British Association of Brain Injury Case Managers (BABICM)
- Case Management Society of UK (CMSUK)
- The Nursing and Midwifery Council (NMC)

**Career History**

Present  
Case Manager  
Green Owl Therapy

Present  
Expert Witness  
Jacqueline Webb & Co

2010-2018  
Senior Case Manager  
Bush & Company Rehabilitation

2007-2010  
Senior Case Manager  
AKA Case Management

2006-2007  
Service Delivery Manager, ACC Partnership Programme  
Catalyst Risk Management (CRM)

2004-2006  
Care Manager  
Southern Cross Hospitals

2001-2004  
Case Manager, Serious Injury Team  
Accident Compensation Corporation (ACC)

1990-2001  
Registered Nurse  
Northshore Hospital and UK hospitals